

DfE Approved Courses for Senior Mental Health Leads

Beginners, Intermediate and Advanced



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CARNEGIE SCHOOL OF EDUCATION

Minds
Ahead



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Eight Learning Outcomes set by the DfE

1. Leadership and Management
2. Creating an ethos and environment
3. Staff Development
4. Identifying the need and monitoring the impact
5. Targeted Support and Appropriate Referrals
6. Enabling student voice
7. Working with Parents, Families and Carers
8. Curriculum, Learning and Development

Three Levels of Course

- Beginner: Establishing a whole school approach as the Senior Mental Health Lead.
- Intermediate: Developing and in-depth approach as the Senior Mental Health Lead.
- Advanced: Establishing a Strategic Approach as the Senior Mental Health Lead.

Blended model:

- Structured online learning
- 8 self-directed units
- Online coaching and guidance, providing real time discussions
- Feedback on your work
- Regional conference to deepen your knowledge, network and celebrate achievements



Senior Mental Health Lead Courses

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The course has given me the skills & confidence to start to elicit changes in my School & I am inspired to move forward in the role of School Mental Health Lead."

Ceri Skilton - Beginner
Nine Maidens AP

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The skills gained from the course will enable me to lead by example as a Senior Mental Health Lead and also put into place systems to support my staff and students whilst drawing on the practice of others. It has been excellent."

Emma Kavanagh – Intermediate
Arthur Mellows Village College


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Taking part in the advanced course has enabled me to focus on strengthening and broadening our connections within the community, with support, ideas and guidance that are applicable to our context and school values. Leeds Beckett University are seminal within the field of mental health and wellbeing and are quality providers for educators."

Mrs Philippa Turton - St Paul's C of E Primary
School - Advanced

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Beginners

Establishing a whole school approach as the Senior Mental Health Lead

- Evidence based understanding of school mental health.
- Coaching to develop your Intent Statement.
- Dilemma based Coaching focussed on your Mental Health Interventions.
- Policy review with an Expert Facilitator.

You will leave the course with:

- Intent Statement – a clear intent statement for mental health and wellbeing (this may be part of a wider intent statement for your pastoral/inclusion team).
- SEMH Policy – a mental health policy based upon best practice.
- A clear understanding of the current state of the mental health provision in your school and identified priorities for improvement.



Intermediate

Developing and in-depth approach as the Senior Mental Health Lead

- Evidence based understanding of school mental health.
- Coaching focussed on stakeholder engagement.
- Dilemma based coaching focussed on your mental health interventions.
- Deep dive into your mental health provision with an expert facilitator.

You will leave the course with:

- Increased engagement with your stakeholders.
- A clear understanding of the current state of the mental health provision in your school and identified priorities for improvement.

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Advanced

Embedding a strategic approach as Senior Mental Health Lead

- Evidence based understanding of school mental health.
- Coaching to develop a comprehensive, strategic theory of change for this area.
- Coaching focussed on your three year development plan for mental health.
- Review by an expert facilitator of your ambitions and plans for improvement.

You will leave the course with:

- Increased confidence and ability to influence the local agenda.
- A theory of change and 3 year plan for strategic improvement in your setting.



DfE Funding: Senior Mental Health Lead Training Grant

Grants available for £1,200

Grants available on a first come first served basis. Subsequent years of funding anticipated.

Invoicing - we will invoice the school and the DfE will pay the the grant to the school.

Grant Conditions details can be found in the chat.



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Thank you for
attending!



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